

GETTING READY FOR YOUR TELEHEALTH VISIT

10 STEP PROCESS

For more information visit eyephy.com/telemedicine

1 Arrange a Telehealth visit with our office

You may get a call from us to change your in-office visit to Telehealth visit, if appropriate.
You may also call us at 407-767-6411 to schedule a Telehealth visit



2 View Telehealth Consent Form



3 Indicate if you prefer Zoom or Facetime and give us your preferred Email address or cell phone number to use for the Telehealth visit.

4 Download The Eye Handbook



On your smart phone go to the App Store or Google Play and search for The Eye Handbook App

5 For young children ONLY, who are able to match letters

- You may print HOTV Letters and the matching card
- Download Tutorial on how to use HOTV Letter Test
- Follow instructions on tutorial and measure vision at 10 feet with each eye separately
- Record vision for each eye
- Vision should be checked with glasses on if you use them.



6 Strabismus Patients ONLY

Download a FREE App on your smart phone - 9 Gaze and follow the instructions to take the 9 photographs
Save a copy of the 9 photographs. We may ask you to email it to us



7 Check vision in each eye and record results

- Open **Eye Handbook App** on your smart phone
- Click on Testing Tab
- Vision Test (on top)
- Near Vision Test (on top)
- Choose either letters, numbers or symbols as age appropriate
- Slide screens and record the smallest line with at least 50% correct
- Check vision in each eye separately
- Record vision for each eye
- Vision should be checked with glasses on if you use them.



8 Prepare a flashlight FOR ALL AGES and a toy for young children ONLY

You may use the flash light function on your phone, if available.



9 Check your Email



You will get instructions on Zoom meeting access with a link to enter the meeting at your appointment time.

If you chose Facetime, we will call you at your appointment time

10 Be Ready

For Zoom, follow the instructions in your email and click the link to enter the meeting at your Telehealth appointment time

For Facetime call have your Apple device ready at your appointment time

Please be patient as this is new for all of us. If you have not been contacted within 15 min of your appointment time, please call us at 407-767-6411

